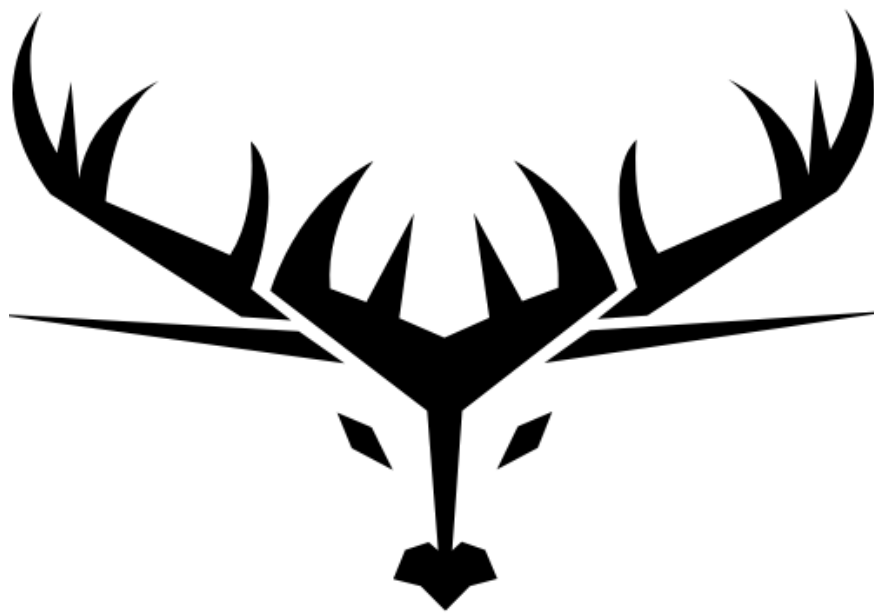




SLAVE PILLARS

There are 5 PILLARS for any slave in my household:

Transformation | Ownership | Protocol | Service | Love

Transformation

This is a huge part of MY power exchange. DEHUMANISATION and OBJECTIFICATION are parts of this. It also means bringing someone into subspace and keeping them there for a prolonged period of time. The transformation of moving someone from man to beast, object, and slave drives MY MASTERY. I'm looking for a slave who wants to be TRANSFORMED. Mind, body, soul.

The moulding and the transformation also continue to the body, and I want a slave to be an amazing, muscled object to me through the discipline of constant developing and training of their body to be that muscled object.

And I want a slave that wants this to happen. Sometimes a slave will struggle with transformation, and I will help. But I do not want a slave that is not willing to put in the time to make this happen themselves.

Are you willing to put in the discipline and effort to be transformed? To go to the gym, to learn the positions or protocol, to practice the training?

Along with the power-exchange components, I see this as helping someone fully express their soul. We can often repress parts of ourselves, and for slaves, that's often their submission, and it's my job to not only bring it out for a period of time but allow a slave to fully inhabit that and hold it with pride.

But when we talk about soul, it's not just the power exchange but helping the slave fully come to life: hobbies and interests that might have been repressed, joys that they had to hide growing up or in previous relationships. In a relationship that lasts from years to decades. I want the slave to inhabit all they can be, on both the slave and human sides.

I understand a slave reading this probably wants to focus purely on the slave object-side, and that is normal to want at the beginning, but in a relationship that lasts for years and decades, I see myself transforming the slave to accept all of their parts, to be ALL they can be.

Ownership

In transforming the slave, I want to possess them. I want them to feel possessed. This can happen with bondage, but in truth it happens on a much deeper level. Imagine being in a position where I set for it, and then I hold and caress its body. That caress, that holding, is because I know it is MINE. My command and orders have moulded it into this muscled shape. And it stays in a position no normal man would accept because it needs to be a slave, to truly feel it belongs to me.

This ownership can also feel like BELONGING: belonging to me, belonging to the household, belonging to the pack. And any slave should feel safe and that they belong in my household. My possession gives them a feeling of constant, consistent safety.

Protocol

PROTOCOL is incredibly important in how I train a slave. A slave learns set positions all the time with me. At first it's for the fun of learning them as part of a fetish.

Over time, the slave discovers the depth of those positions. It's not just about doing the position but about being the position – sometimes for hours– about feeling ownership and a sense of belonging by always obeying and staying in the position for however long they wish.

Being in the position becomes meditative. Being rather than performing. And when I am close, I focus on me, my breathing, for hours, waiting until I provide it the next order. Or stroke its balls to let it know it's doing well.

Does it think it could live like this? Is it willing to try?

For a long-term relationship, the protocol becomes one of the heartbeats of existence. Moving into position 2 is no longer just a fun fetish but a way of living and being. The slave finds that life would be emptier and smaller in the absence of MY protocol.

Service

A major part of a slave's life is serving me. Cleaning the house, kitchen, and bathroom, and removing some of the drudgery of keeping a household from me.

And this isn't about doing the most basic thing you can, but how can you do it well? How can you learn to read me and understand what I want so well that you start providing it before I even realise I want it?

For some slaves, that might mean channelling the butler and really understanding how to make the MASTER look his best with the clothes he wears, or his hair and beard. Or how to pack the best suitcase, or how to put on the best dinner party.

How can a slave be the best butler, towel holder, cook and masseur all at the same time?

But service also comes in other ways. What skills does a slave have that could help me? Some slaves are amazing at nutrition and can help a Master build muscle and lose weight. Another slave might be a project manager at work and can help the Master organise his business. Another might help with drudgery admin tasks that allow the Master to focus on His Business.

There is still lots of time for the slave to switch off, only focus on the transformation and the submission, but within the service there is a chance for the slave's skills, knowledge, and power in the real world to be harnessed in service to the Master

What can you offer ME in service? What from your life can you offer me to help me? What are you willing to learn in service?

What of the attributes of the slave can be transformed to help MASTER?

Love

The final pillar is love and care. Many Masters struggle to hold love and care with a slave and also dehumanise them. I DO NOT have that issue.

When I am bringing out a slave's soul, I know I am bringing out a part of themselves that they truly and utterly need brought out. I find these times of such connection and love can bring a tear to my eyes. To see a human turn to slave and stare at me with a slave's eyes is something I truly treasure. It's part of MY life's purpose.

And so I care for a slave. Health, body, mind and soul. I want them to be the BEST they can be.

So there will be many cuddles and loving. You will still be gagged or hooded at my feet, hugging my legs or kissing my feet. But within that will be the connection of love and care. There will also be times a slave will come to my bed, and we will hug and talk, before it is chained up for the night.

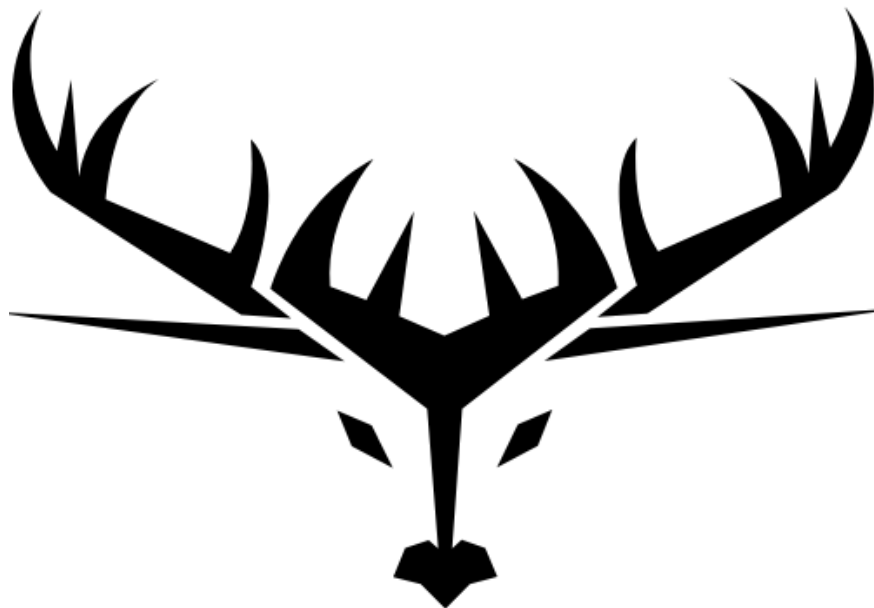
But I also expect that to come from the slave to ME. Not straight away. But for a long-term relationship. The slave will care for me.

When one of us is ill, the other cares for the other. When real life comes in with death and other issues, we support each other.

A true 24/4 relationship will only survive if both sides help make it happen.

Are you willing to support a Master when he is dealing with illness and death? Or do you only want the fun parts?

What are your obligations to make this relationship work outside of the power exchange?



MY PHILOSOPHY

For a long-term slave, I see this as an opportunity to go far deeper into the subspace and explore its slave object and animal self.

How does its identity change when it learns to eat from a dog bowl permanently? Always sleeping in a cage or chained. Never wearing clothes. Always living by MY orders and PROTOCOL, and craving rewards for obedience and mindset as the core parts of its life.

Learning to become a better object and animal is the main part of its life at first, until waiting by MY side is something it can do easily, both mentally and physically.

Training involves daily gym work to build muscle and stamina for positions. Daily yoga and stretching help it hold positions longer and build stamina. And training in positions, both in and out of bondage, for longer periods until its body can do it naturally. Being at peace when put in bondage, waiting for a stroke from ME or a hand resting on it.

At the same time, the slave would be mentally trained using a mixture of hypnosis, protocol, and breathwork, along with rewards for reaching milestones, until, over time, it starts to crave being by MY side, only focused on MY breathing and what I need.

MY voice, MY presence, MY smell. They will become your companions. At first you will be confused – knowing you need to hear, see and feel me, and not understanding why. Then, as trust builds, they will become the guiding lights you live by.

Over time, it learns a new way of being. One that is less about doing and rushing from one thing to another, and more about waiting by MY side. You could say it waits patiently, but perhaps a better word is that it is complete in being in position by my side. There is no patience or action to take, as it is doing everything it needs to right now, and so it is content and happy.

A union of two souls. Both separate, yet in union, making something greater than the two on its own.

But that is only one part of a Master/slave relationship.

There is the **power-exchange image** I have spoken about above: the slave at MY feet, to MY SIDE, eating from a bowl, bondage, cages, service, hierarchy, ritual, objectification.

But there is the idea of **family and pack**. Think of the family table.

The slave belongs here at my table—their well-being matters. There's history, affection, laughter, ordinary Tuesday evenings, Christmases, illness, cooking, irritating habits... and perhaps other members of the household.

The slave is not merely someone upon whom power exchange is enacted; they're part of a shared life.

The slave that eats from the dog bowl at my feet also knows, completely and absolutely, that they belong at my family table as they are family.

It is not that the BDSM is removed to become family, or that the family is ripped out, as it needs to be a slave object and animal. Both can exist.

How does this work in practice?

In very strict relationships, I still see a date night once a week where we let the protocol down and talk more to understand how we are both feeling over dinner.

During an induction, that might not be weekly, but when I DECIDE it is necessary, as the relationship, mindset and control stabilise. But I BELIEVE it is important to give family time to the slave where we can socialise without heavy protocol for small periods.

At any time, there is always space for feedback and checking in through the protocol. And I always use a safe word and a traffic light system.

As the relationship emerges and develops, we find our own way of communicating that works for us as Master/slave object or Master and animal.

Note: When I'm first getting to know a slave, I will often ask for more feedback. I'll still make the decisions based on the information I'm hearing, and I'll always be deciding based on the slave's preference, but it allows me to know where the slave is both physically and mentally.

But also with another slave – perhaps it spends more time at the dinner table – chatting and being part of the family.



Want to work?

I see a proper 24/7 relationship lasting for years and decades, and this means there are lots of options

- slave does not work and only focuses on ME
- slave works part time
- slave has a career
- slave changes career to something that allows more time for service

What we start with and move toward depends on its circumstances, preferences, and constraints.

For example, if it doesn't have a UK passport and lives in another country, how can it stay here long term without working? This is an external constraint that decides what is possible.

But perhaps it can be 24/7 live-in, focusing on really living as a slave all the time. But over the years that can change shape and form – starting as an animal, moving to an object, but then moving to working part-time when we want to explore something else.

Not stopping the tight control or M/s relationship, but moving to something different.

I want the slave to be the best it can be in all ways. And from 24/7 captivity, perhaps it moves to exploring another part if has repressed while still belonging and being controlled by me.

Any choice has a cost and consequence. More control means less of something else. Working outside means less control.

And this is also true of TRANSFORMATION – perhaps it starts as an object, then explores life as PONY before becoming trained as a SHEEP DOG.

And we decide this by communicating what each other needs, and what is emerging and evolving in the relationship over years and decades.

What might it want now? What might it want in the years to come?

Obligations

It is worth noting that belonging to my family and pack comes with obligations.

We help and support each other in the bad times and the good. When one of us is ill, the other helps. When one of us suffers a death, the other helps in holding the grief.

A relationship that deals with real life **MUST** deal with these things. A slave who is there just for the good times and wants unconditional belonging must also offer unconditional belonging back to the Master for what HE might experience and go through.

But that is what family is. Even a family full of bondage, humiliation and protocol.

There may be nights when a slave is naked, collared and eating from a bowl at MY boots while everyone else eats dinner. THEN there may be Sunday evening when the slave sits beside me eating and debating about the week ahead and what is best for the household.

There may be illness when the kink recedes almost completely, and what matters is getting somebody – be it Master or slave– their medication.

And there may be intensely hierarchical rituals in which nobody could mistake what the relationship is.

Do we both agree to care for each other when one of us gets ill? What is the expectation if someone ends up in hospital in an emergency? What is the expectation if a close family member dies? What worries it about this?

Is there an expectation that we support and help each other? Does the slave see this as an act of service?

Does the slave expect to do nothing?

I'm looking for a slave who understands they have obligations within the relationship and is willing to commit to them once enough trust has been established.

Outside of the fantasy of a 24/7 Master/slave relationship, there are the mechanics of how it can last for years and decades. What are the things you believe? What are the things you will do? What will you commit to to make sure that relationship lasts?

I want a slave who is willing to accept all of that. **Does it? And if it cannot right now, what would it need to accept it?**

Service

Service is an important part of slavery. It is about making the Master's life better.

This can include cleaning, doing the laundry, and other domestic tasks.

But it is also about the slave's skills and abilities. What is it good at? What are its skills – what can it offer to make life better?

DIY, helping with bureaucracy, editing a book, being a PA – are all potential skills a slave can bring.

What could you, as a slave, bring to a relationship with me?

Fitz and Nighteyes.

In my profile, I end it with a cryptic note about Fitz and Nighteyes

If you have ever read Royal Assassin and Assassin's Quest by Robin Hobb – a fantasy series – there is a relationship between the main character, Fitz, and his wolf, Nighteyes.

Nighteyes always brought Fitz back to a simpler world – eat, sleep, hunt, breathe and be together. Both Fitz and Nighteyes were happiest when flowing through the world, completely alive and happy in one another's company. Being in the moment. A union of two personalities – movement, body, companionship, belonging, sensuality, presence and belonging – into one.

A union of freedom in unconditional belonging, union and attachment.

But Nighteyes can also challenge Fitz, teach him, protect him, and has his own desires, often understanding Fitz better than Fitz understands himself – much like a slave does in service.

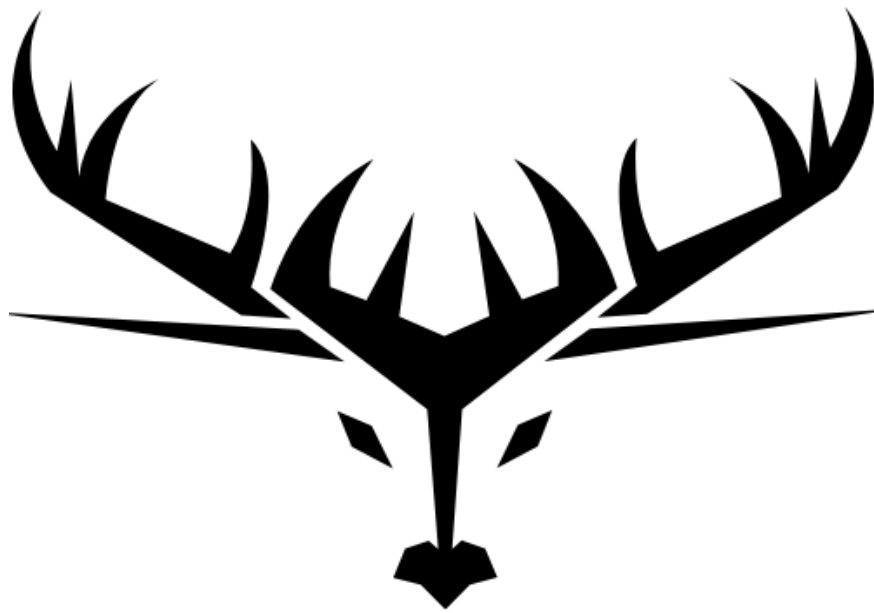
They're profoundly joined, but Nighteyes remains Nighteyes and Fitz remains Fitz. They can experience one another from the inside.

They protect one another. Their lives become entangled. Yet Nighteyes can disagree with Fitz, ridicule him, refuse him and go his own way.

Their bond isn't possession in the sense of annihilating one person's personhood.

And crucially, there's enormous security in it: **"We are pack."**

Does slave want to be a pack?



ABOUT ME

What I expect

I expect the following:

- Maturity in dealing with life
- Not escaping life to do this
- Honesty
- Integrity
- Able to communicate
- Taking as much responsibility as I do to get the relationship working

What work has slave done to heal from life has given it?

Values

These are my values; I expect any slave in my household to have many of these:

- Creativity
- Resilience
- Perspective
- Leadership
- Love of learning
- Curiosity

- Fairness
- Integrity
- Honesty

What are your values? What are your beliefs? How do they match with mine? Do we have enough overlap to be compatible?

My likes and interests

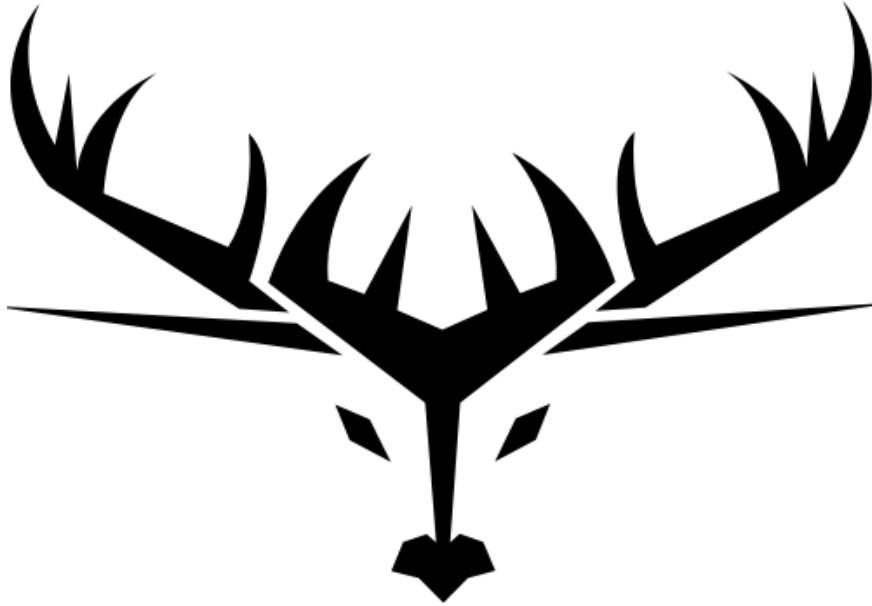
I have a large variety of likes and interests.

- I love sci-fi, especially Star Trek, but I tend to watch most good sci-fi I know of.
- I also love reading, usually sci-fi and fantasy, but I'm also interested in self-help for my coaching work, as well as economics books.
- I also enjoy Lego.
- I love listening to movie soundtracks
- I've just started relearning how to play the keyboard/piano. I also love cooking, and as my health gets back to normal, I also enjoy working out at the gym.
- I love going to the cinema and the theatre.
- I do love to travel.
- I also write a blog and podcast called Master/slave Lifestyle and this is something I have enjoyed immensely. I'm soon to start a non-BDSM blog on a different subject
- I meditate at least once a day, sometimes twice

I find myself very creative, and I get into the flow most when I am creating something, either a new piece of writing or a new project.

I am more introverted than extroverted and can easily spend time at home reading a book, and I don't feel the need to go out every night.

What of this appeals to a slave – how could I fit into this?

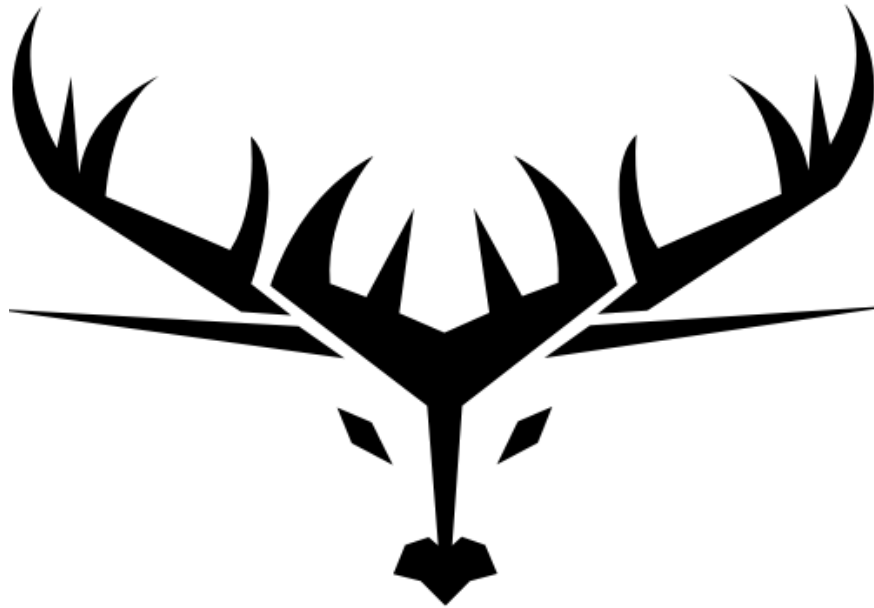


TYPICAL SLAVEDAY

A typical day will involve the following:

1. Being woken up and unchained by ME
2. slave then makes breakfast and acts as MY cup holder while I meditate
3. slave then sucks MY cock while I have my tea. Depending on how MASTER is feeling, that might take a while, or MASTER might decide to do some slave training, or a mixture.
4. The slave then has its morning duties – cleaning, laundry, etc.– it will be gagged and wearing a butt plug while it does these duties
5. We MAY then take a break and go for a walk and have lunch – this is also an opportunity for Master and Slave to talk and connect a bit in a more human way.
6. MASTER then does more intense training and bondage in the afternoon and evening.
7. In the evening, we wind down, eating and maybe watching some TV – depending on how intense the day is and how the slave is feeling, it might watch TV with ME. It might be in bondage, or it might be acting as MY armrest or cup holder.

In general, the slave pisses into its slave PISS BUCKET; it will always eat from a DOG BOWL eating slave feed, and it will be NAKED and CHAINED most of the time. Depending on how well trained its ASS is, it will wear a BUTT PLUG for as long as it is comfortable with, to train it 24/7 use over time.



FIRST VISIT

I will never take a 24/7 slave without some previous visits first. We start with a weekend visit. Then, depending on how the first visit goes and how the second and 3rd go, we'll slowly increase how long the slave stays. Until we decide the slave will move in full time.

I KNOW it can be tempting to want to do longer straight away. Still, I BELIEVE it is important for MASTER and slave to see whether there is a connection and enough shared values to determine whether a long 24/7 relationship is possible.

If you are much further away (for example, another continent), I would suggest a week for a first stay. But we would need to spend a

lot more time talking before I would be ready to have you in MASTER'S HOUSEHOLD.

It can sound non-intuitive, but when a slave is coming round for a first weekend or a first visit, it can actually be harder to get into subspace because it is worried or nervous. And then because it's not getting into the headspace as quickly or as easily as it's fantasised, it then gets more worried.

I try and craft the protocol so it knows what to do, and it can feel safe within that and with ME, but a bit like a deep-sea diver, it can take time to equalise and to find the submissive MINDSET.

It's very important that we communicate well during this period. And we are honest about how it is working between us.

Often on the first day I will take the slave for a walk, and we have a chat with much less protocol. This helps build trust and allows the slave to then go deeper.

This can often go against the fantasy of what a slave wants, but unintuitively, the break helps a slave to go deeper.

As a slave, you can let ME know your preferences before it visits, but depending on how it responds to the training, I might decide we go for that walk to help deepen the MINDSET after we finish.

This is different for a slave that wants 24/7 captivity.

The best thing the slave can do, rather than trying to push or go deeper, is to obey and get into the moment.

After a first visit

For a lot of people, it can be an intense experience where they need time to think about and reflect afterwards. For others, there just wasn't enough of a connection. It's no one's fault when that

happens. Just like normal dating, we sometimes find people who seem like a match on paper, but we don't connect in person.

I do appreciate knowing, if you're not ready to go further, that you're unsure or you don't see a connection. Please let me know rather than going quiet. Although I can be disappointed if I feel the connection, I'd rather know.

I don't bite at all or get angry with slaves, unlike other masters.

But for others, if there's a good connection to ME as their potential MASTER, and they want to visit again and go deeper, we'll talk about the NEXT VISIT.

As the slave comes for new visits to SERVE ME, the submission will increase, and it will become easier to get into a submissive mindset.

Preparing for a visit

Most Important:

- Let ME know about any medication it needs to take
- Any limits
- Be honest about its actual experience and limits, as that allows ME to know the best way to train it

Then:

- NO cumming for two weeks before – if slave is on a steroid cycle, let ME know as I might change this
- Train its arse with a BUTT PLUG and/or dildo – discuss with ME the size. The idea is not to overdo those but to spend some time EVERY DAY wearing it, taking it out before it hurts, but slowly increasing the time. This is so it can spend more time plugged when SERVING ME
- CHASTITY DEVICE – if it has a device, check in with ME about it and if I want it here with me
- SHAVE itself from the neck down completely so it is HAIRLESS. If it has an issue with this, let ME know. I prefer MY slave's

body to be completely HAIRLESS, and there needs to be a good reason why it is not. If it wants ME to decide what happens to its BEARD and HAIR, it can discuss.

- If it has any HOPES or WISHES, let ME know – this does not mean I will do them, but it gives ME a good idea of what it's thinking and how I might adapt training if I choose to
- When FIRST coming to visit MASTER, it is normal to be anxious and have fears and issues. Some of these can be really small and inane and feel stupid to talk about with MASTER – share these with ME. It's very normal to have these sorts of thoughts, and speaking about them with the MASTER can allow the slave's mind to settle.

Things to help

- I tend to sleep from 10 pm to 11 pm and wake up between 5 am and 6 am – life will go easier for the slave if it tries to sync to my sleeping schedule before visiting.
- Get some good sleep before coming to visit me – i.e. no huge drunken nights before coming to me – I want the slave at its best

Becoming a muscled slave

As I've spent four years dealing with some different illnesses, I have not been to the gym that much recently, but I was a bodybuilder, so I do know how to create a muscled slave.

As a result, I know the right kind of gym training, diet, and other enhancements.

If a slave agrees to be trained by me, they will follow my directions, including gym and diet, to have the best body possible.

If you don't use the gym, you will learn and do it. I can teach you, but I expect you also to do your own research, training, and tasks to start building your body (part of the obligations I expect from a slave).